



# News Across the Table

Our Neighbors' Table, April 2021 / Edition 9



## Heather's Recipe: Rosemary Roasted Potatoes

Here's an easy side dish for your spring dinners!

### INGREDIENTS:

- 2 lb. baby potatoes, halved or quartered if large
- 2 tbsp. extra-virgin olive oil
- 4 cloves garlic, minced
- 2 tbsp. freshly chopped rosemary
- Kosher salt and fresh ground black pepper to taste
- Fresh rosemary sprigs for serving

### INSTRUCTIONS:

1. Preheat oven to 400°. Add potatoes to baking sheet. Toss with olive oil, garlic, and rosemary and season generously with salt and pepper.
2. Roast until crispy, stirring occasionally, 1 hour to 1 hour 15 minutes.
3. Add more rosemary sprigs for serving.



Heather Paterson is ONT's Meal Manager. Her delicious recipes are made into meals and available free for take-out every Wednesday from 4pm to 6pm at Main Street Congregational Church, 145 Main St., Amesbury.

## Market Update

### Ordering Toiletries:

Each guest is able to order one roll of toilet paper and one other toiletry of their choice per order. If you order over the phone, one of our volunteers will offer you a selection of items. If you order yourself, Smart Choice will make other toiletries unavailable after you make your choice. Diapers are not considered a toiletry item, and can be added to any order if you have children listed as members of your household. As always, feel free to call the office if you have any questions.

Have you changed your phone number in the past year? If so, please contact the office to provide your updated contact information. This will help us contact you if you're running late. We can generally save your order if you're still able to pick up your order the same day, but may cancel your order if we are unable to reach you.

## SNAP Update

SNAP employment supports: Although the SNAP work requirements have been suspended during the pandemic state of emergency, SNAP recipients looking for work can still take advantage of the SNAP Path to Work Program. The Program offers skills training, education, and job search and employments supports. For more information, visit [www.snappathtowork.org](http://www.snappathtowork.org) or call the SNAP Path to Work Line: 888-483-0255.

SNAP for college students: Federal lawmakers in December temporarily expanded SNAP student eligibility rules during the Covid-19 health crisis. The new rules include those college students eligible to participate in state or federally financed work-study during the regular academic year, as determined by the higher education institution; or have an expected family contribution (EFC) of zero in the current academic year. This includes students who are eligible for a maximum Pell Grant. Students should apply for SNAP in the state in which they are currently living and attending school.

P-EBT for 0-5: The federal government recently expanded P-EBT benefits for SNAP recipients aged 0-5. If you already get SNAP and have a child this age, you will see an extra P-EBT benefit on your EBT card. DTA is also sending out notices and text messages to these recipients informing them of the change.

15% benefit boost expanded: The federal government also expanded the time frame for SNAP recipients to receive a 15% increase in their benefit amounts from June to September 2021.

## Apply for SNAP by phone!

Our Neighbors' Table is a SNAP Outreach Partner. We can help you apply for SNAP (food stamps) by phone. **Call Tress at 978-388-1907, ext. 18** to apply, help with an open SNAP case, or to answer your questions about SNAP.

SNAP benefits are put on an electronic card that is used like an ATM card or a bank card and can be used at most supermarkets, convenience stores, and some farmers' markets. Income guidelines apply. This project has been funded at least in part with Federal funds from USDA. This institution is an equal opportunity provider. The SNAP logo is a service mark of the U.S. Department of Agriculture. USDA does not endorse any goods, services, or enterprises.

## Calling ONT on Saturday

We just have a small staff on Saturdays. We try to catch the phone when it rings, but if we miss your call, please leave a message because we check the messages throughout the day. Thanks!



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## Volunteer Profile: Shelly Sheehan



Shelly Sheehan has deep roots in this area. Her grandmother was born in Amesbury, and Shelly grew up in Merrimack Valley. After living out of state for many years, Shelly returned to the region in 2016. Wherever Shelly lived, she maintained an interest in helping others. "To me, the most important things are food and shelter," she said. Shelly has volunteered elsewhere working with food insecurity and affordable housing organizations, so she felt Our

Neighbors' Table would be a good place to give back to her community through volunteering. She believes it fits with her "team effort" philosophy, saying, "We give to each other in times of need."

Shelly has helped pack food in the market, worked in our warehouse, and load guests' groceries into their cars. Shelly said of her volunteer time, "I love meeting guests and interacting with others. It's a wonderful opportunity to be a part of this community." Shelly says she keeps coming back to ONT because of the mission and emphasis on service with dignity, saying, "the model is incredible." ONT is only able to fulfill our mission with the help of dedicated volunteers like Shelly!

## Community Resources: Summer Camps

It's time to start the summer camp research. If you are interested in sending your child(ren) to summer camp, below are a some communities offering summer camps to residents. If you are looking for financial assistance or scholarships, many of the camps offer assistance on a case by case basis so you should mention it prior to the application process. If you don't see your town or usual camp listed below it does not mean that they aren't participating this year, it simply means that we could not verify it for certain. Due to the pandemic some of the towns that we spoke to were unsure what the summer programming would look like at this time (Boxford, South Hampton and West Newbury).

**Amesbury Youth Recreation** 978-388-8137  
[www.amesburyma.myrec.com](http://www.amesburyma.myrec.com)

**Newburyport Youth Services** 978-465-4434  
[www.newburyportma.myrec.com](http://www.newburyportma.myrec.com)

**Newburyport YWCA** 978-465-9922

**Newbury Summer Kids Club—FULL**

\* **Salisbury Kids Club Camp** for more information contact: Salisbury Elementary School 978-463-5852

**Salisbury Boys & Girls Club** 978-462-7003

**Groveland Summer Recreation Program**  
Go to [www.activekids.com](http://www.activekids.com) and search for "Groveland Summer Recreation Program" to register as they have no phone number.

**Rowley Elementary Kids Club or Rowley Pine Peaks**  
for more information contact: Rowley Elementary School 978-948-2520

**Georgetown:** North Shore Nature 978-932-2754  
Camp Denison 978-729-6046  
Camp Leslie 978-352-8060

\* accepts year-round vouchers from Child Care Circuit. If you do not currently have a year round voucher, there is a wait list at this time. To get on the wait list, call Child Care Circuit now 978-686-4288.

Summer-only program vouchers will not be available until mid-May; call Child Care Circuit then to apply 978-686-4288.

## ONT is Hiring!

We're seeking a Market Coordinator to keep our operation running smoothly and efficiently. This position will work directly with volunteers to provide the best possible service for our guests. If you, or anyone you know, is interested in applying for more information please visit: [ourneighborstable.org/job-opportunities](http://ourneighborstable.org/job-opportunities)

Please **continue to wear a mask** when picking up your groceries. We also ask that you turn off your car when the volunteers are loading your groceries. Thank you for your patience and understanding.

### **Amesbury Market location and hours:**

194 Main St., Amesbury  
Wednesdays: 10:00am - 1:00pm and 2:00pm - 4:00pm  
Thursdays: 12:00pm - 3:00pm and 4:00pm - 6:00pm  
Fridays: 9:00am - 12:00pm and 1:00pm - 3:00pm  
Saturdays: 9:00am - 1:00pm

**Newburyport Market:** Thursdays, 10:00am - 11:30 am  
Hope Community Church, 11 Hale St., Newburyport

**Merrimac Market:** The Merrimac Mobile Market is temporarily suspended. ONT guests who live in Merrimac are invited to pick up their groceries at our locations in Amesbury or Newburyport.

Grocery orders can be placed online or by phone until 3pm the day before pick-up. Order groceries at: [ourneighborstable.org/getfood](http://ourneighborstable.org/getfood)

Questions? Comments? Ideas for future newsletters?  
Call or email Tress, ONT's Food Resource Advocate at:  
**(978) 388-1907 ext. 18**  
or email: [tress@ourneighborstable.org](mailto:tress@ourneighborstable.org)

**Our Neighbors' Table**  
194 Main St., Amesbury MA 01913 (978) 388-1907  
[www.ourneighborstable.org](http://www.ourneighborstable.org)

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