



News Across the Table

Our Neighbors' Table, November 2021 / Edition 16

ONT will host a Covid -19 Vaccine Clinic Thurs. Nov. 11th from 12pm-3pm

If you are in need of any of the Covid-19 vaccines: **Pfizer, Moderna or Johnson & Johnson: dose 1, 2 or booster**, you can get the vaccine right here at ONT on **Thursday, November 11th from 12 pm—3 pm. NO appointment, ID or health insurance is necessary.** Just bring vaccine card with you (if you have already received other doses). Walk-ins are welcome! To save time you can get a consent form here at ONT, fill it out in advance and bring with you to the clinic. If interested in getting the form in advance, simply ask the volunteer who puts your groceries into your car for one.

Heather's Recipe:

BOX STUFFING WITH A HOLIDAY TWIST!



Making the stuffing this year?

No worries!
Grab a box of stuffing mix and add your own touches!

PREP TIME: 10 Min. COOK TIME: 15 Min. SERVES: 8

INGREDIENTS:

- 1-1/2 cups apple juice
- 2 Tbsp. butter or margarine
- 1 pkg. (6 oz.) STOVE TOP Stuffing Mix
- 1/2 cup cranberries
- 1/2 cup diced apple

DIRECTIONS:

1. Bring juice and butter to boil in medium saucepan on high heat.
2. Add stuffing mix and fruit; mix lightly. Cover. Remove from heat.
3. Let stand 5 min. Fluff with fork.



Heather Paterson is ONT's Meal Manager. Her delicious recipes are made into meals and available free for takeout every Wednesday from 4pm to 6pm at Main Street Congregational Church, 145 Main St., Amesbury.

Market News

The holidays are coming! Similar to last year, guests will not need to sign up in order to participate in our Thanksgiving and Christmas festivities. We will distribute Thanksgiving groceries from November 17th through the 23rd at which time turkeys, chickens, and all of the fixings will be available when placing an order either online or over the phone. Gift cards will also be available at that time. We look forward to celebrating with you! If you have any questions, please contact Hannah via email at hannah@ourneighborstable.org or phone at 978-707-5885.

SNAP Updates

Increased Benefit Amounts: All SNAP recipients should have received a letter from DTA in late September or October with an increase in their benefit amount as a result of the USDA's recent cost of living increase. These increases are permanent and not related to the pandemic emergency allotments, which were also described in the letter. The emergency allotments, which are a minimum of \$95 per month per household, will continue for at least the remainder of this year, and DTA will notify SNAP recipients when they end. If you have questions about these changes, please call ONT's **Food Resource/SNAP Advocate, Tress Ricker at 978-388-1907, ext. 18.**

EBT Card to Culture: If you have an EBT or P-EBT card, you can get free or deeply reduced admission to over 270 cultural sites throughout the state through the EBT Card to Culture benefit. Participating organizations include museums, performance venues, and historical homes. To learn the details and see the list of organizations, visit: www.mass.gov/info-details/ebt-card-to-culture-organizations. It is also recommended you call or visit the individual organization's website prior to visiting to make sure you can get the benefit on the day you want to visit.

Apply for SNAP by phone!

Our Neighbors' Table is a SNAP Outreach Partner. We can help you apply for SNAP (food stamps) by phone. Call Tress at **978-388-1907, ext. 18** to apply, help with an open SNAP case, or to answer your questions about SNAP.



This project has been funded at least in part with Federal funds from USDA. This institution is an equal opportunity provider. The SNAP logo is a service mark of the U.S. Department of Agriculture. USDA does not endorse any goods, services, or enterprises.



Call Tress Ricker
978-388-1907
Ext 18

This project has been funded at least in part with Federal funds from USDA. This institution is an equal opportunity provider. The SNAP logo is a service mark of the U.S. Department of Agriculture. USDA does not endorse any goods, services, or enterprises.

Para ler esta newsletter em portugues, visite o site
www.ourneighborstable.org/guestnewsletter para fazer o download do pdf com a versão traduzida.



Holiday Help Information



Family to Family Program: This program provides assistance to residents of Newburyport, Salisbury, Amesbury, Newbury, West Newbury, and Rowley. Everyone currently in the household- **children and adults** - are eligible.

To sign up, go to newburyportyouthservices.com, scroll to bottom of page and click on "Sign up to give or receive this holiday season". Once on that page click on "Fill in your wish list" Or if you do not have access to the internet call Holiday Program Coordinator Trish at: **978-572-6189**. Please submit your family's Wish List No later than November 10th (date extended for ONT newsletter publication). Families will be scheduled to pick up their gifts **December 13th through 21st** at a destination to be determined.

Amesbury Holiday Program: The Amesbury Holiday program is a private, nonprofit organization. **Amesbury residents** needing assistance to purchase gifts for children in their household **under the age of 18** are eligible to participate. **How to sign up:**

ALL Sign Ups will be done over the phone. Pre-registration must be done by November 12, 2021 by calling **978-388-0626** or **978-420-6752**. Callers must leave your **name** (please spell last name), **phone number**, and request to receive a call. A member of AHP will call you back. **You will only be called once and the number may come up on your caller ID as unknown or spam.** Please do not call Community Action!

Boxford Residents: The Masconomet Annual Holiday Assistance Program provides help during the giving months of November and December. You can reach out to Joan Murphy at Masconomet at: jmurphy@masconomet.org or Karen Trevenen, HS Nurse at **978-887-2323**, email: ktrevenen@masconomet.org

Merrimac Residents: If you need some holiday help, get in touch with **Kathie Sullivan** and ask her for the **Merrimac Holiday Helper Program Form**, fill out the form and get it back to Kathie Sullivan no later than **November 12th**. You can connect with Kathie Sullivan through email at: sullivan@prsd.org or stop by or call The Sweetsir School **978-346-8319** or The Donaghue School **978-346-8921**.

Pettengill Holiday Program: Pettengill House may be able to offer supplemental holiday gift assistance for families in need. Preference will be given to families who live in towns that are not eligible for other Holiday Programs. Families can call our main office at **(978) 463-8801** or reach out via email at: spartian@pettengillhouse.org

Globe Santa Holiday Program: Families requesting assistance must submit a referral letter from an agency registered with Globe Santa. DTA clients should have already received this letter in the mail. Other registered agencies will notify their clients if they participate. More information is at <https://globesanta.org>

Salvation Army: Christmas Assistance Applications now available. Please call **978-465-0883** to make an in-person Christmas Assistance appointment. Serving: Newburyport, Newbury, West Newbury, Byfield, Amesbury and Salisbury. Picture I.D., birth certificates for all children, proof of monthly expenses all required. Application not valid if you have applied or plan to apply at another agency for assistance.

If you are still in need of holiday help, please reach out to your child's school nurse prior to December for extra support.

Volunteer Profile: Bill Ginivan



ONT Community Champion Award winner Bill Ginivan has always been involved in community service. "It's in my DNA," he says, "My parents did it, so it's always been part of my life."

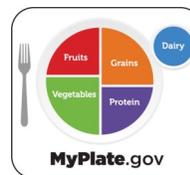
Bill grew up in Malden and then moved to Everett for 5 years. When the Ginivans moved to Amesbury, they immediately started searching for volunteer opportunities. They settled on ONT after learning of its mission and reputation in the community. Bill has been a loyal

ONT volunteer for 6 years at the Wednesday Meal. While he wasn't always able to interact directly with guests before COVID, he took pride in watching them enjoy the meal he had prepared.

Some of the most memorable moments for Bill have been during the pandemic. When more neighbors turned to ONT for food assistance, Bill said that the Wednesday Meal team had to "get creative with the menu" so all the guests were able to bring a meal home.

Bill retired from a civil engineering firm where he had worked for 40 years. He loved his position as a senior designer for the company. For the past 40 years, Bill has been making lovely stained glass window hangings in his free time.

My Plate from USDA



The U.S. Dept. of Agriculture (USDA) has a user-friendly website called My Plate that has information about nutrition for every age, where to find retailers that take EBT cards, low-cost recipes, helpful hints about food planning, and more. There is a quick calculation tool that lets you know how many calories you should be aiming for per day. The Start Simple with My Plate phone app has tools to help you set nutrition goals and stay motivated. Go to myplate.gov for more information.

Our Neighbors' Table Locations & Hours:

Newburyport Market: Newburyport Senior Center, 331 High St., Newburyport, Thursdays, 10:00am - 11:30 am

Amesbury Market: 194 Main St., Amesbury
 Wednesdays: 10:00am - 1:00pm and 2:00pm - 4:00pm
 Thursdays: 12:00pm - 3:00pm and 4:00pm - 6:00pm
 Fridays: 9:00am - 12:00pm and 1:00pm - 3:00pm
 Saturdays: 9:00am - 1:00pm

Grocery orders can be placed online or by phone until 3pm the day before pick-up. Order groceries at: ourneighborstable.org/getfood



978-388-1907

194 Main Street, Amesbury, MA 01913
www.ourneighborstable.org

Safety / Emergency Community Hotline Numbers

Domestic Violence: Jeannie Geiger Crisis Center, **978-388-1888**, 24/7

Elder Abuse (over age 60): Elder Protective Services, **800-792-5200**, 24/7

Suicide Prevention: National Suicide Prevention Hotline, **800-273-8255**, 24/7

Disabled Abuse: Disabled Person's Protection Commission, **800-426-9009**, 24/7

Child Abuse: Child Abuse Emergency Hotline, **800-792-5200** 5pm-9am M-F, all day weekends & holidays